

HGOS Newsline

Volume 15, Issue 1

March 2011



To promote excellence in the practice of Gynecology and Obstetrics, enhance the opportunities for continuing education, encourage leadership and serve as the representative society for Obstetrics and Gynecology in the Houston area

FROM THE PRESIDENT



Jonna Miller, M.D.

After several years on your board, I am proud to be serving the Houston Gynecological and Obstetrical Society as your president in 2011. I have been in Houston since 1992 for medical school at UT Houston and then residency training at Hermann Hospital under the chairmanship of Drs. Robert Creasy and Dr. Larry Gilstrap. Our previous president, Dr. Vaseem Ali, invited me to my first HGOS meeting in 1998 and I joined the Executive Board under Dr. Nicola Perone in 2006. For the last 11 years, I have been in private practice at The Women's Hospital of Texas.

I know and admire many of you, our members. By year's end, I hope to greet each of you at one of our quarterly meetings. In addition, I hope to expand our membership by 10% so bring a friend, a colleague or your newest practice partner to introduce them at our upcoming meeting:

Tuesday, April 5, 2011
Ruggle's Grill - 903 Westheimer
6:30 Reception
7:00 Dinner and Presentation

Dr. Jonathan D. Herman will be speaking with us about "The Importance of Hereditary Breast Cancer Screening". Dr. Herman is an Assistant Clinical Professor

of Obstetrics & Gynecology and Women's Health at the Albert Einstein College of Medicine of Yeshiva University in New York. Due to a special interest in the hereditary nature of breast and ovarian cancers, Dr. Herman has become a leader in this field. Through more than 425 lectures, meetings and media appearances, Dr. Herman has taught both the science and the practical application to physicians and their ancillary personnel. We are excited to have him in Houston and appreciate the generous support of Christina Dennis with Myriad Genetics. I would also like to thank Dr. Patti Jayne Ross who was instrumental in arranging Dr. Herman's visit to Houston.

I am also pleased to announce that Dr. Fran Smith has joined the HGOS Executive Board as our newest member-at-large. Dr. Smith is the Chief of Obstetrics and Gynecology at Kelsey-Seybold and has been an active member and supporter of HGOS for years. Please congratulate Fran when you see her on rounds or at Tuesday's meeting.

As always, we strive to bring you interesting and relevant topics in a relaxing and enjoyable atmosphere. I'll see you next Tuesday!

Jonna

Other Society News

Our General Meeting on December 1, 2010, had record attendance. The meeting highlighted research presentations of 5 residents from programs around our city including: Dr. Kristal Taylor from UT Hermann, Dr. Tania Lee from UT LBJ, Dr. Minh Dao from UTMB Galveston, Dr. Katherine Bolt from The Methodist Hospital, and Dr. Nellie Crawford from Baylor College of Medicine. We enjoyed the wonderful food at Tony's and the company of so many of our colleagues. Thank you all for joining us and bringing your guests and spouses. HGOS hopes to make this an annual tradition. Importantly, we would like to sincerely thank our generous sponsors from Covidien and Ethicon whose support allowed this meeting to take place. Also, many thanks to Dr. Michael Frumovitz for coordinating, scheduling and organizing the entire meeting and enlisting MDACC to provide our CME credits.

HOUSTON GYNECOLOGICAL & OBSTETRICAL SOCIETY (HGOS)

2011 HGOS Executive Board

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HGOS WELCOMES NEW MEMBERS

Pamela Soliman, M.D. - M.D. Anderson Cancer Center

Hailey Hall, M.D. - The Methodist Hospital

Carrie Ball, M.D. - The Women's Hospital of Texas

Devanshi Somaiya, M.D. - The Women's Hospital of Texas

Gracia Duncan, M.D. - The Women's Hospital of Texas

Kathy Sander, M.D. - The Women's Hospital of Texas

NEXT GENERAL MEETING OF HGOS

Tuesday, April 5, 2011

**Ruggle's Grill
903 Westheimer
Houston, TX 77006
713-527-9400**

"The Importance of Hereditary Breast Cancer Screening"

**Presented by
Jonathan Herman, M.D. FACOG**

**6:30 Sign In and Reception
7:00 Presentation and Dinner**

**Reserve your seat by phone at 713-661-1839
or by email at lgasper@hgoss.org**

**No charge for Dues Paying Members*, Prospective Members, Residents
and Fellows**

\$50 fee for non-members and guests

***Members who have not paid their 2011 dues may pay in advance or will
be required to pay at the door. Payment in the amount of \$225 may be
paid by cash, check or credit card. Contact Lisa Gasper at
lgasper@hgoss.org or 713-661-1839 for payment.**

**VISIT OUR WEBSITE
WWW.HGOS.ORG**

FDA Warns Against Use of Terbutaline to Treat Preterm Labor

February 17, 2011 (UPDATED February 27, 2011)— Clinicians should not use injectable terbutaline to prevent preterm labor or treat it beyond 48 to 72 hours because of the risk for maternal heart problems and death.

In addition, oral terbutaline should not be used for the prevention or any treatment — acute or prolonged — of preterm labor because it shares the same safety risks as the injectable version and has not proven to be effective.

The FDA acknowledged that healthcare professionals may deem it clinically necessary to administer injectable terbutaline in an urgent situation in a hospital setting but stated that such treatment should not extend beyond 48 to 72 hours. The agency also is advising clinicians not to use either form of the drug outside of a hospital setting.

The labels of the injectable and oral forms of terbutaline will bear a boxed warning and a contraindication regarding its use with pregnant women.

A Message from ACOG President Richard N. Waldman, MD

We received good news in February when the U.S. Food and Drug Administration approved Makena, hydroxyprogesterone caproate by Ther-Rx, to help prevent premature birth in women who have had at least one previous preterm delivery.

That good news was shortly coupled with very bad news. While a chemical equivalent has been compounded in pharmacies and sold for \$10 to \$20 per injection for many years, Ther-Rx, under an exclusive 7 year marketing approval, is selling the drug for \$1500 per dose, as much as \$30,000 per pregnancy.

The public health and cost implications of Ther-Rx's marketing decision has gotten the attention of ACOG, the US Congress, and the American public.

Ther-Rx justifies its pricing by pointing out how important the drug will be to pregnant women at risk for premature births, and how much insurers may save by preventing prematurity. It also points out that it's made financial assistance available to qualified patients.

ACOG is extremely concerned that women's health may be shortchanged by this high price tag, and we're asking Ther-Rx to reconsider its pricing and to ensure women have full access to this important drug. Stay tuned for developments and be assured, we're working to make sure your patients can get the care they need.

There have been 15 new ACOG Committee Opinions published to date in 2011.

- 487** Preparing for Clinical Emergencies in Obstetrics and Gynecology (April 2011, Replaces No. 353, Dec. 2006)
- 486** Update on Carrier Screening for Cystic Fibrosis (April 2011, Replaces No. 325, Dec. 2005)
- 485** Prevention of Early-Onset Group B Streptococcal Disease in Newborns (April 2011, Replaces No. 279, Dec. 2002)
- 484** Performance Enhancing Anabolic Steroid Abuse in Women (April 2011)
- 483** Primary and Preventive Care: Periodic Assessments (April 2011, Replaces No. 452, Dec. 2009)
- 482** Colonoscopy and Colorectal Cancer Screening Strategies (March 2011)
- 481** Newborn Screening (Mar. 2011, Replaces No. 393, Dec. 2007)
- 480** Empathy in Women's Health Care (March 2011)
- 479** Methamphetamine Abuse in Women of Reproductive Age (March 2011)
- 478** Family History as a Risk Assessment Tool (Mar. 2011)
- 477** The Role of the Obstetrician-Gynecologist in the Early Detection of Epithelial Ovarian Cancer (Mar. 2011, Replaces No. 280, Dec. 2002)
- 476** Planned Home Birth (February 2011)
- 475** Antenatal Corticosteroid Therapy for Fetal Maturation (February 2011)
- 474** Nonobstetric Surgery During Pregnancy (Feb. 2011)
- 473** Substance Abuse Reporting and Pregnancy: The Role of the Obstetrician-Gynecologist (January 2011)

Of note, in No. 485, The Committee on Obstetric Practice endorses the new 2010 CDC recommendations for the prevention of early onset GBS disease in newborns. The following are some of the important changes from 2002 included in this opinion:

- expanded recommendations on laboratory methods for identification of GBS
- clarification of the inoculum required for reporting GBS detected in the urine of pregnant women
- updated algorithms for GBS screening and intrapartum antibiotic prophylaxis for women with preterm labor or preterm premature rupture of membranes
- a change in the recommended dosage of penicillin-G for intrapartum antibiotic prophylaxis
- updated intrapartum antibiotic prophylaxis regimens

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for women with penicillin allergy

-a revised algorithm for management of newborns with respect to risk of early-onset GBS disease

In No. 475, regarding antenatal corticosteroid therapy for fetal lung maturation, The Committee allows for a single rescue course of antenatal corticosteroids if the prior treatment with corticosteroids was given more than 2 weeks prior, the patient is less than 32 6/7 weeks and the patient is judged to be likely to give birth within the next week.

There were 2 Practice Bulletins published in 2011:

119 Female Sexual Dysfunction (April 2011)

118 Antiphospholipid Syndrome (January 2011), replaces No. 68 from Nov. 2005

ANNOUNCEMENTS

HGOS was represented at the HCMS Council of Specialty Societies meeting on February 23 by Dr. George Kuhn, our Vice President. Representatives from multiple specialties including Radiology, Orthopedics, Emergency Medicine, Pediatrics, Dermatology, Allergy, and Immunology were present. Topics discussed were writing of valid Rx, Tuesdays at the Capital, and membership recruitment. One suggestion was to start the recruitment cycle when programs are hiring residents and fellows in August. Also discussed was ways to reach new, younger members including having an HGOS facebook account. We will keep you posted on these developments.

ACOG, District XI (Texas) has announced that, effective March 1, Dr. Lisa Hollier of Houston has moved from the position of vice chair to chair as Dr. Amy Young has accepted a new job out of state as chair of the Ob-Gyn Department at LSU-New Orleans. HGOS congratulates Drs. Hollier and Dr. Young!

Reminder: Maintenance of certification - answers for Part II (ABC) are due 9/30/11. No late submissions will be accepted. For those of us who must begin the MOC process this year, begin selecting your topics and pulling charts!

Dr. Alicia Kowalski, Associate Professor in the Anesthesiology Department at MD Anderson would like to make our members aware of an article being published in Anesthesiology News (www.anesthesiologynews.com) regarding the use of paravertebral block in pregnant women for

breast cancer surgery over general anesthesia. The information has been presented nationally and internationally and this service is available at MDACC. Please contact the HGOS office if you are interested in discussing this further with Dr. Kowalski.

UPCOMING EVENTS:

HGOS General Meeting

April 5, 2011

Houston, TX - Ruggle's Grill

Contact: Lisa Gasper 713-661-1839

OB/GYN Advocacy Day at the Texas Capital

Tuesday, April 5, 2011

International Society for Clinical Densitometry - 17th Annual Meeting

April 6 - 9, 2011

Miami, Florida

Fibroid Relief Symposium

April 27, 2011

Houston, TX - Galleria

Co-sponsored by The Methodist Hospital and St. Luke's Hospital

ACOG 59th Annual Clinical Meeting

April 30 - May 4, 2011

Washington, DC

Contact: www.acog.org/acm

ACOG Coding Workshop

August 5 - 7, 2011

Dallas, TX

Contact: 202-863-2498

83rd Annual Combined Meeting of ACOG District XI and Texas Association of OB/GYN

October 14 - 16, 2011

Plano, TX

Contact: info@tx.acog.org

Methodist Center for Restorative Pelvic Medicine CME Symposium

October 28, 2011

Houston, TX - The Methodist Hospital

Dunn Rio Grande Conference Room

Contact: Dina Kachornvanich 713-441-4948